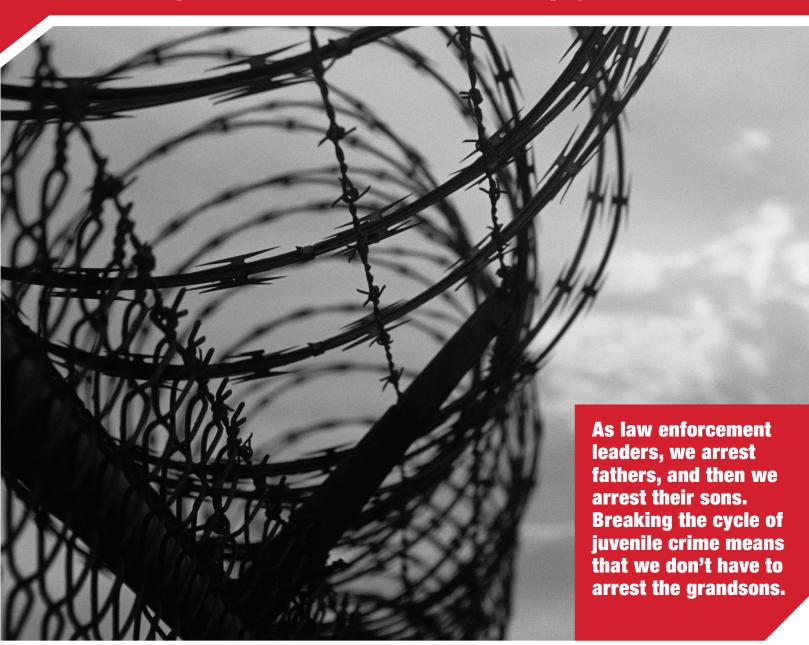
# NEVER IS BETTER BUT ONCE IS ENOUGH

The Juvenile Justice and Delinquency Prevention Act Can Help **New Hampshire Reduce Crime and Save Taxpayer Dollars** 





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#### **Acknowledgments**

Fight Crime: Invest in Kids is a bi-partisan anti-crime organization of nearly 5,000 police chiefs, sheriffs, prosecutors, state attorneys general, other law enforcement leaders and violence survivors nationwide, including 33 members in New Hampshire. Our members believe that the best way to prevent crime is to help parents and our communities give kids the right start in life.

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Report authored by William Christeson, Sara Hutton, and Kara Billings.

Report contributors include Natasha O'Dell Archer, Chris Beakey, Kara Kempski, Joshua Spaulding, Carla Uriona, and Jenny Wing Harper.

Design and graphics by Stefanie Campolo, Mariana Galloway, and Carla Uriona.

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# **Never Is Better, but Once Is Enough**

The Juvenile Justice and Delinquency Prevention Act can help New Hampshire reduce crime, protect public safety and save taxpayer dollars

**Never is better:** The 5,000 law enforcement leaders of Fight Crime: Invest in Kids, including 33 members in New Hampshire, have championed investments that keep youth from becoming involved in the criminal justice system as juveniles and adults.

**But once is enough:** Today we are stepping up efforts to stop those who commit a crime from continuing to do more harm—and halt the cycle of crime from one generation to the next. Of New Hampshire youth previously committed to a secure juvenile facility and who turned 17 between 1998 and 2002, 51 percent were later sentenced to adult probation or prison.<sup>1</sup>

That's why we're supporting the reauthorization of the federal Juvenile Justice and Delinquency Prevention Act (JJDPA). The JJDPA will encourage communities to make smart use of taxpayer dollars by engaging juvenile offenders in programs proven to help steer more offenders away from a life of crime.

# The Current Landscape: Juvenile Offenders

Placing juvenile offenders in residential facilities with other troubled youths is expensive and, in most cases, not particularly effective at reducing crime.

#### Our current situation is unsustainable.

- For 2012, the state of New Hampshire spent almost \$25 million on juvenile justice services and the Sununu Youth Service Center.<sup>2</sup>
- In 2014, there were 113 committed admissions to the Sununu Youth Services Center, New Hampshire's state-operated, secure, juvenile residential facility, down 51 percent from the 228 commitments in 2008. A year



#### What we do now is costly:

Juvenile custody in a state residential facility in New Hampshire averages \$214,600 a year vs. \$58,000 for tuition, room and board at Dartmouth College.

#### It isn't working:

In a natural experiment, juvenile offenders in custody later dropped out of school more often and committed more adult crimes than those not in custody.

## Family coaching efforts work better in most cases:

Rigorous coaching for the most serious offenders and their families cuts crime in half or more compared to placing them with other troubled youth.

#### **And they save money:**

Family coaching efforts save \$9,000 to \$27,000 per child served.



# "We estimate the present value of saving a 14-year-old high risk juvenile from a life of crime to range from \$2.6 to \$5.3 million."

—Mark Cohen, Vanderbilt University, and Alex Piquero, University of Dallas, (2009)

- of custody costs an average of \$214,600 per juvenile in New Hampshire.<sup>3</sup>
- National recidivism data for juveniles does not exist, and New Hampshire is among the roughly 10 states that do not routinely track data related to juvenile reoffending, but the survey cited earlier showed that half of those in New Hampshire's secure facilities were later sentenced to adult probation or prison for crimes they committed as adults.<sup>4</sup>

#### Mixing first-time and repeat offenders is usually a bad move.

Research shows it's smarter to keep first-time offenders with few risk factors away from youths who have committed more serious or frequent crimes. This prevents them from learning more problematic behaviors and becoming typecast as delinquents.<sup>5</sup> As one of our Fight Crime: Invest in Kids members, Merrimack County Sheriff Scott Hilliard explained, "Placing a juvenile in custody should be reserved for youth we are afraid of, not just mad at."

Community services for juveniles who commit minor delinquencies and family coaching for the few, more serious offenders is more effective than custody in most cases. Engaging less serious juvenile offenders in interventions such as Big Brothers, Big Sisters that focus on behavior change is far more effective at reducing re-offending than custody. The same is true of interventions for more serious offenders that coach them and their parents on ways to change the youths' behaviors. These programs also work with teachers, athletic coaches and/or other community members to reinforce these positive influences. Randomized trials have proven that such rigorous family-coaching programs can cut re-offending in half or more compared to the usual out-of-home placements.<sup>6</sup>

# For the very few serious offenders who need residential placement, it is not the endgame—we need to rehabilitate them, too.

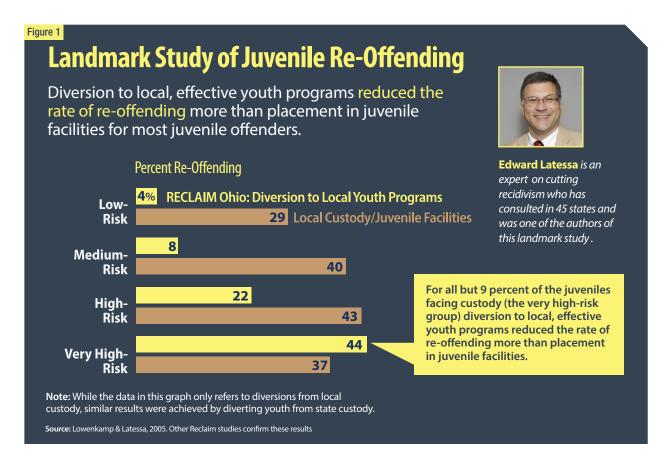
A natural experiment showed that youth in custody later dropped out of school more often and committed more adult crimes than those not in custody. But other research shows the very few, most serious offenders do commit fewer crimes when they're sent to residential facilities (see Figure 1). Even if they are placed in facilities, these youth still need services while they are in the facilities and when they return home to reduce the risk they will re-offend and eventually end up in adult prisons.

# Reauthorizing JJPDA Could Reduce Juvenile, Adult Crime

The JJDPA could encourage communities to continue backing away from simply sending offenders away from home, and provide funding for interventions with a proven impact on reducing recidivism among the types of offenders below.

# Youth who need some guidance but have not committed serious offenses can benefit from community programs.

Big Brothers, Big Sisters mentoring: Research shows the program reduced the number of days youth skipped school by half, the number who admitted they hit someone by one-third, and the number who initiated drug use by 40 percent.<sup>9</sup>



Chicago summer jobs program for inner-city high school students: A study found that participants had 43 percent fewer violent crime arrests than youth randomly assigned to not participate.<sup>10</sup>

#### Juvenile offenders inclined toward aggression can benefit from evidence-based coaching.

Aggression Replacement Training (ART) is a low-cost, short-term coaching program for youth with aggressive or disruptive behaviors. ART teaches these youths interpersonal, anger management and social problem-solving skills that can be used in many different settings. A Washington state study found that, when delivered correctly, ART cut felony convictions within 18 months by 24 percent.<sup>11</sup>

### More serious juvenile offenders benefit from proven family coaching.

Too often parents don't know what to do to get their troubled adolescent back on track. Research shows that hard-nosed coaching for parents on how to reinforce positive behaviors while sanctioning bad ones is **more effective at reducing crime than sending offenders to an out-of-home facility.** 

Functional Family Therapy (FFT) provides eight to 30 hours of coaching to parents and youth together on skills that help them replace negative behaviors with positive ones. In one study, FFT cut re-arrests in half, and in another, participating youth were one-fourth as likely to be placed outside their home for later crimes.<sup>12</sup>

Multisystemic Therapy (MST) provides 60 hours of coaching for more serious youth offenders and their parents, and also focuses on reaching their teachers, coaches and/or others in their community to reinforce positive behaviors. In one randomized trial, a 22-year follow-up showed troubled youth who did not receive MST were three and a half times more likely to be arrested for a violent felony than those who did.<sup>13</sup>

Currently, there no are authorized FFT or MST sites in New Hampshire.<sup>14</sup>

#### **A New Opportunity for Change in New Hampshire**

The Dartmouth Trauma Interventions Research Center (DTIRC) at Dartmouth's medical school received a \$3.2 million grant to partner with the state's Department of Health and Human Services, Division for Children, Youth and Families (DCYF). New Hampshire's Juvenile Justice Services (JJS) is housed under DCYF. The new Partners for Change Project is implementing an organized, appropriate approach to screening, assessing and case planning to increase access to evidence-based mental and behavioral health services, for children and youth involved with DCYF, including juvenile offenders.<sup>15</sup>

As Dr. Kay Jankowski, principal investigator of the project and assistant professor of psychiatry at Dartmouth's Geisel School of Medicine puts it, "Because of this grant, we will identify children and youth with trauma and mental health-related problems earlier and more effectively, and match kids and their families with appropriate best practice treatments to decrease their suffering, foster their development, and improve their health." 16 Dr. Jankowski explained that children involved in the program are currently receiving trauma-focused cognitive behavioral therapy to help treat post-traumatic stress disorder and other mental health needs. She and others are aware of, and with additional funding, would be interested in adding functional family therapy and multisystemic therapy to the list of available programs in New Hampshire. 17

Even if youth are placed out-of-home, ART or other Cognitive Behavioral Therapy-based approaches can be effective while youth are in facilities. And once the youths return home, family therapies can improve their chances of avoiding a life of crime.

#### **How JJDPA Can Save Money**

Confining juveniles costs an average of \$214,600 a year in New Hampshire—more than the \$58,000 annual cost of tuition, room and board at Dartmouth College. In total, the state's only secure residential facility and juvenile justice services cost New Hampshire more than \$24.8 million in fiscal year 2012. Solid research, however, shows expensive custody can usually be avoided by using family coaching or aggression

Serious Family Coaching Efforts Cut
Crime by Half or More & Save Money

Net Savings/Child

Functional Family Therapy FFT \$27,000

Multisystematic Therapy MST \$16,000

prevention efforts to cut crime more effectively.<sup>20</sup> Economists at the *Washington State Institute for Public Policy*—a state agency—have done extensive analysis of the data: for most juvenile offenders at risk of out-of-home placement, these programs almost always deliver better, cheaper results than sending kids away (see Figure 2).<sup>21</sup>

#### **Conclusion**

We need to do what we can to prevent kids from becoming involved in the juvenile justice system in New Hampshire in the first place. But for the kids who do become involved, we need to make sure we support new efforts to provide the right services to the right youth and ensure those programs are performing as promised.

If we can do that, there will be fewer young people in New Hampshire continuing down the path to adult crimes and adult prison. "Never is better, but once is enough."

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